1. ORGANISING AUTHORITY

a. The organising authority is Restronguet Sailing Club.

2. RULES

- a. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* 2021 2024
- b. Rule 29.2 will be changed to start recalled classes after all other classes.
- c. Class Rules for the applicable classes will apply.

3. ELIGIBILITY AND ENTRY

- a. The regatta is open to all boats of the classes listed below.
- b. Eligible boats may enter by completing the entry form and sending it to the Race Committee, with the entry fee.
- c. Entries can be made on the water by giving completed forms to the entry boats or sent before June 3rd to delia@hazell-uk.com. Entry fees can be paid by BACS via The Restronguet Sailing Club website.
- d. Entrants under 16 years of age shall provide written permission from parent/guardian.

4. ENTRY FEES

- a. The entry fee is £5
- b. For Under 16's, there is no entry fee.
- 5. **SCHEDULE OF RACES** Warning Signal for the first class will be at 15.35

Race No.	Class	Start Time	Course	Course Colour
1	Pico (Point/Penpoll & Archer Trophy) 2 Handed and Single Handed	15.45	2 rounds	Green
	Mirror Class (Vage Trophy)		2 rounds	Green
2	Laser Class (Warrac Trophy)	15.50	3 rounds	Green
3	St Mawes One Design (Allen Trophy)	15.55	3 rounds	Green
4	Handicap Dinghies (Penpoll Trophy)	16.00	3 rounds	Green
5	Shrimpers (Reg Mitchell Trophy)	16.10	3 rounds	Black

6	Asymmetric Dinghies (John Ellicott Trophy)	16.15	3 rounds	Green
7.	Handicap Yachts (Kingsley Cruise Trophy)	16.20	3 rounds	Black
8	Sunbeam Class (Adshead Trophy) Gaffers (Charlie Trebilcock Trophy) Ajax (Yacht Care Co. Cup) Rustler/Pipers	16.25	3 rounds	Black
9	Working Boats 25ft & over (Gill Trophy)	16.30	3 rounds	Black
10	Working boats under 25ft (Sir Roland Smith Trophy)	16.35	3 rounds	Black

6.

- 6. **SAILING INSTRUCTIONS** are available at POFSA Member Clubs, from the Regatta Secretary (see below for address) and on Point Quay on the day of the Regatta.
- 7. **COURSE AREA** will be entirely within Restronguet Creek.
- 8. **COURSES** to be sailed will be detailed in the Sailing instructions.
- 9. **PENALTY SYSTEM**. Rules 44.1 and 44.2 are changed to require only 1 turn, including one tack and one gybe.

10. RISK STATEMENT

- a. Rule 4 of the *Racing Rules of Sailing* states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- b. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:
 - i. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
 - ii. They are responsible for the safety of themselves, their crew, their boats and their property whether afloat or ashore;
 - iii. They accept responsibility for any injury, damage or loss to the extent caused by their own action or omission;
 - iv. Their boat is in good order, equipped to sail in the event and they are fit to participate;
 - The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;

- vi. The provision of safety boat cover is limited to such assistance particularly in extreme weather conditions, as can be practically provided in the circumstances;
- vii. They are responsible for ensuring that their boat is equipped and sea worthy so as to be able to face the extremes of weather;
- viii.That there is a crew sufficient in number, experience and fitness to withstand such weather; and
- ix. That the safety equipment is properly maintained, stowed and is in date and is familiar to the crew.
- 11. **INSURANCE** each participating boat shall be insured with valid third party liability insurance with a minimum cover of £3 million at all times and shall continue to do so whilst engaged in racing under this Notice of Race.
- 12. **FURTHER INFORMATION** for further information please contact the On the Water Coordinator of the Committee Delia Hazell The Boat House Quay Road Devoran TR3 6PW 01872 864087 07790635738

March 2023